

AMH (Antimüllerian Hormone) is a hormone secreted by antral follicles located in the ovary. It is an indirect predictor of the number of remaining follicles in the ovary. The more antral follicles the higher your AMH will be. As women get older they have less antral follicles and a lower AMH. A higher value of greater than 1.4 indicates a normal ovarian reserve. A low AMH, less than 1.4, indicates diminished ovarian reserve.

AMH is used to check for ovarian reserve. The physicians use this value, as well as age, history of current condition, and past medical history to develop a treatment plan.