

Women typically spot or bleed when their estrogen level is low. After several days of low estrogen, the uterine lining becomes fragile and begins to slough off. This process can continue the entire time while on the pills. Women experience a low estrogen at the beginning of their menstrual cycle, hence the bleeding. It is normal for the bleeding to continue even into the first few days of their injections because their estrogen level may still be low. As the estrogen level rises in response to injectable medication, the uterine lining stabilizes and the bleeding/spotting will subside.