

## Semen Analysis Instructions for Home Collection

### INSTRUCTIONS:

1. Call *Carolina Conceptions* at 919-782-5911 to schedule an appointment and to register with the clinic.
2. For your best results, you should maintain a window of abstinence for at least 2 days, but no more than 3 days.
3. Your semen sample is best collected by masturbation without using a lubricant, but saliva does not affect the specimen.
4. Collect the entire ejaculate into the provided sterile container.
5. Your specimen should arrive in the laboratory within an hour after collection. You must drop off the specimen at your assigned appointment time, so plan your time of collection accordingly.
6. Your specimen must be kept at room or body temperature (protect it from getting too hot or too cold).
7. Label your container with your name, spouse's name, date, and time of collection.
8. If your wife is dropping off your sample, a signed consent form verifying that the collected sample is yours, MUST accompany the specimen.
9. Completely fill out the "Semen Analysis Questionnaire" and drop it off along with your specimen.
10. If your referring physician is not a *Carolina Conceptions* physician, you must also drop off a written referral stating that a semen analysis is requested.
11. You can also provide a self-addressed stamped envelope or a confidential fax number, if you would like your results sooner than your next scheduled appointment.

### FEES:

#### PAYMENT OR INSURANCE ARRANGEMENTS ARE DUE AT TIME OF SERVICE

The fee for a semen analysis is \$148.50

This fee is billed as a laboratory test by *Carolina Conceptions* and carries a CPT code #89320. If you have insurance coverage, contact your referring provider for prior authorization for this service. If you are unsure of your benefits, call your insurer and ask if you have coverage for this test and give them the CPT code.

If you have no insurance coverage, payment must be paid on the date of service. Payments may be made by cash, check, or credit card.